



**US Army Corps
of Engineers**
Galveston District

The Sand Castle

"A newsletter by and for the employees of the Galveston District"



Redfish Island



On the cover: Construction of Redfish Island. Top: Birds visiting Redfish Island. The Port of Houston Authority and the Galveston District, together with Beneficial Uses Group (BUG), began implementing their plan to rebuild the four acres of Redfish Island last June. The reemerged island was completed in December of 2002. To look at more of our accomplishments from 2002, go to page 4.

Volume 20 Number 1

The Sand Castle

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The Sand Castle

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A newsletter for and by the employees of the Galveston District

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LETTERS TO THE EDITOR

Please include an address and phone number on all letters. We reserve the right to edit letters for clarity, style, and space and to use them electronically and in print.

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And the beat goes on

As we used up that last bit of use or lose leave, we headed back to work only to find our plates full. All of us are working together to service the infrastructure and environmental needs of the Texas Coast line, but we see external forces that could impact our lives. Large military deployments to South West Asia; War on Terrorism; the second wave; reduced budgets; Corps reform; PMBP and P2 are only a handful of issues that **COULD** impact us.

So what should we do?

First, **DON'T LET WHAT COULD HAPPEN HAVE AN IMPACT ON WHAT YOU CAN CONTROL** every day. I have seen organization slow down in anticipation of some "Potential Events" only to find themselves unprepared when it never happened. Budget is a classic example. Action officers anticipate a reduction of funding and slow down the execution of his or her program, only to find money at the end of the year. They are then unable to execute. What happens then? Someone will make the case that you could not execute the funding you had so you're not going to get as much next year. So bottom line here is to continue to execute your program, continue to meet your schedules that your team has set. Don't let fear of the unknown impact what you do today.

Team Galveston! What you do on a daily basis is critical for our nation and the Texas coastline. Everyday you do a great job in promoting economic prosperity and environmental sustainability and that mission will never go away. Whether it is supporting navigation for commerce, strategic deployment of military forces or restoring critical wetlands, what you do is important, important to Texas and to our nation.

What is your vision? We all know people who drift through life, thinking only of how they'll spend next weekend or thinking only in terms of how to obtain the next promotion. Without a vision, they scrimp through life with less than enough. They will never have the position they think they should have and will never be promoted fast enough to suit them. If you don't have a vision, get one. Imagine where you want to be in 5, 10, 15 years from now and don't let adversity stop you. Think about this. You are never too old to adopt a vision. Colonel Sanders fried his first chicken at age 67. Grandma Moses did her first painting at 85!

Be part of a team. Few people can achieve if they're not part of a team — be that a spouse, companion, friend or a team at work. AND whatever you do, do it with passion! The only place you see passion today is at a sporting event or in a traffic jam. You won't wake up one morning and find a million dollars in your mutual fund or learn you are now the CEO of a large corporation. You must do something to make it happen.

Be diligent. Work hard at whatever you do because hard work wins. Hard work with a plan is discipline. Discipline combined with excellence is diligence. Never settle for mediocrity in anything you do.

Give and share. People who don't give, don't win. So give time, emotions, money, whatever it takes. Share your knowledge and experience with others. Do you recall that old saying you get back what you give? Well, it is true. I've met very few people with more than enough who haven't been systematic, ongoing givers. Selfish people seldom win.

These are just a few thoughts on which to ponder as we enter a turbulent time. Now go out there and do great things for America.....



Col. Leonard D. Waterworth

I N T H E D I S T R I C T

A look back at 2002...



A ground-breaking ceremony for the Lynchburg Pump Station Project was held in November.



The marine vehicle Tanner, named after retiree, Sid Tanner, went through its christening ceremony on June 27 to become the newest member of the district's fleet of survey and utility boats.



Paula Wise with Brig. Gen. Flowers and Angela Baskin at the Engineer Senior Leader Conference (ENFORCE).



Galveston District, led by Rhonda Brown, Harris County Flood Control District, and environmentalists teamed up in March to plant, trim, and cut trees at Sims Bayou.



Kris Brown, ranger at the Houston Project Office, joins in the fun of teaching water safety at the NAACP convention.



Chambers County and Galveston District partner with grants from the Texas Parks and Wildlife and the Government Land Office (GLO) to build Cove Park. The park will have a boat ramp, with a U-drive leading to it, a parking lot for 75 to 100 cars, picnic tables, restrooms and hiking trails.



In conjunction with the Galveston District, the Special Needs Division of the Sam Houston Area Council of Boy Scouts spent a day fishing at a pond at the Addicks Reservoir last March.



Galveston District teamed up with the Fort Worth District to clean and inspect 69 relief wells on the Sims Bayou project.



COL Waterworth, LTC Flynn and MAJ Hanus took their semi-annual Army Physical Readiness Test in October. The standard APFT consists of 2 minutes of push-ups, 2 minutes of sit-ups and a timed 2-mile run with the score based on the number of push-ups, number of sit-ups, 2-mile time, age and gender.

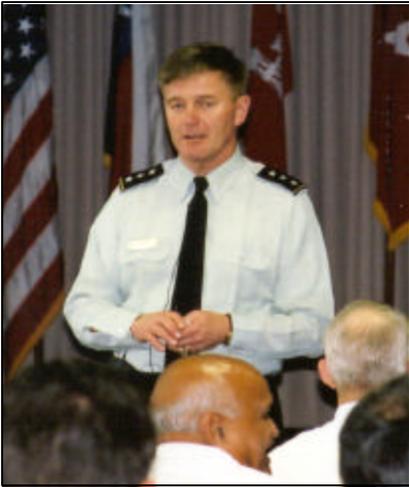


The district conducted several public meetings to allow comments and questions from the public on the remains found at the Buckeye Knoll site on DuPont property.



A panoramic photo of the Neches River Saltwater Barrier, scheduled to be completed in the summer of 2003.

Year in Review 2002



Lt. Gen. Flowers speaks to the crowd on the importance of PMBP.



Simon DeSoto is awarded with a general's coin.

Lt. Gen. Flowers Visits District in December

With Bob Sieger's song, "Like a rock" playing in the background, Lt. Gen. Flowers visit to the Galveston District on Dec. 17 was anything but ordinary.

Galveston District was one of the Chief of Engineer's many stops to discuss the importance of PMBP, and the rising concerns of contracting out.

"I enjoy coming to Galveston District," Flowers said. "Good people hard at work make me very proud."

General's coins were given to Simon DeSoto, lockmaster of the Colorado River Locks; Charlie Scheffler, Operations Division; George Alcalá, Project Management; Bill Wise and Roseanne Theobald,

Program Management; Tom Hunt, Jerry Sonnier, Mike Rawls, Art Martin, Jose Castro-Rivera and Don Carelock of Engineering Division; Diana Laird and Terrell Roberts of Planning Division; Janet Thomas-Botello, Sharon Tirpak, and John Davidson of Regulatory; Mark Lumen and Ed Herrington, Office of Counsel; Sal Arcidiacono, Real Estate; Gus Marinos, Emergency Management; and Larry Dunaway, Logistics.

Before catching his plane, Flowers and his executive officers took part in the A&A staff's Christmas lunch.

"If there is one thing I know, Texas has good barbeque," Flowers said.

Cindy Jones Named Woman of the Month

The Federal Women's Program has selected Cindy Jones as the Woman of the Month for January 2003. Cindy is the Administrative Officer for Engineering and Construction Division.

Cindy began her 24 year federal career in 1979 when she obtained a position as a GS-02 Clerk Typist in the Word Processing Center, also referred to as the "typing pool". Her hard work and attention to detail resulted in her quick advancement GS-03 then GS-04 within 3 years. In 1982, Cindy became the travel clerk for the district and was promoted to GS-05. She held this position in Logistics Division for 2 years after which she transferred to Regulatory and served as secretary. Three years later, she transferred to the flood plains mgmt. section as secretary for over a year. In 1991,

Cindy got her first big opportunity for advancement when she landed a developmental position as the GS-07/09 Administrative Officer in Engineering and Construction Division. In 1999, Cindy was promoted to GS-11 Administrative Officer, E&C Division.

Cindy is a valuable source of knowledge on subjects such as personnel issues, CEFMS, budgeting, funding resources, timekeeping, travel, MIPR's, training, and every aspect of the District's administrative functions not only for E&C Division, but the entire Galveston District. The district depends on Cindy for guidance and assistance, which is promptly provided regardless of her heavy workload. She is an inspiration to co-workers to achieve greater levels of productivity and excellence.

Colorado River Southwest Point Corner Stabilization is Completed



The Southwest Point at the Colorado River Locks.

The Southwest Point Corner Stabilization at the Colorado River Locks has been completed. The southwest corner is at the intersection of the GIWW and the Colorado River.

Due to strong currents during River flood conditions and also the Diversion of the Colorado River into West Matagorda Bay, the Southwest Point area has been eroding for an extended period of time. The intersection of the River and the GIWW was studied and four alternatives were considered.

A contract was awarded to Shirley and Sons to rebuild the Southwest Point which has now been completed. The protection alternatives had to be suitable for westbound tows to land against if they are unable to cross the Colorado River. The rebuilding of the Southwest Point, demonstrated in the physical model some effects on the eddy on the west side of the intersection closer to the West Locks was created by the loss of the Point. By

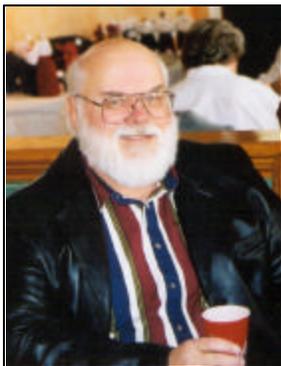
rebuilding the point, the eddy, in the model, seemed to move more towards the intersection of the River and the GIWW. It was decided to periodically rebuild the point with dredged materials from the GIWW. This study was not intended to solve the navigation problem, which was addressed in the physical model study, but to come up with a workable solution for the towing industry to help them safely navigate the Locks.

According to Simon DeSoto, Lockmaster of the Colorado River Locks, "The rebuilding of Southwest point will be beneficial in that tows will now have a landing area on the Southwest side of the intersection. The point being rebuilt to conditions pre-diversion of the Colorado River will be monitored to see what effects are encountered by the towing industry. Also, the currents and eddies will be monitored by lock personnel for any unusual effects. Overall, I feel this project will be beneficial for industry and also stop the erosion of the point."

Galveston District Says Goodbye to Several of It's GREATS



Left to right: Chief of Engineering Division, Harry Kohler with his wife, Alice at his retirement party in the Jadwin building. Harry holding a grandfather clock, a gift from Engineering Division and Col. Waterworth presents Harry with a Certificate of Appreciation.



“Retiring was the hardest decision I have ever had to make. After almost 38 years, the Corps had become a way of life. It is hard to just cut the ties and say goodbye. I will miss all of you and the great place we have to work.”
- Henry Fleming



“After 22 years of service, Lu Huyge’s hard work and dedication will be greatly and sadly missed.
- Co-worker Richard Curphey on Lu Huyge’s retirement.



“Time comes and goes. And the time has come for me to go. I have had 22 1/2 years with the Galveston District.....a sincere thanks for all the memories. Be gentle, have fun, and take care.”
- Don Allen

R E T I R E M E N T S

What's it really feel like to retire...

During our careers as federal employees, we see many come and go. Some leave a lasting impression and are in the "lime light." Then there are the ones that go about doing their job quietly but efficiently and we never get to know them. We are losing several excellent employees to retirement this month and although we are proud that they have reached this plateau of their life, they will be sadly missed. Henry Fleming wrote the following memo to his supervisor expressing what most feel but neglect to express. Col. Waterworth asked Henry if he could share the memo with Team Galveston and he graciously agreed.

Dear Arthur,

I wrote this last week but held off sending it because I wanted to wait until the last minute to be sure. However, if I don't chicken out at the last moment, I am planning to retire this January 3, 2003. This has to be the toughest decision I have ever had to make. Just the thought of it brings tears to my eyes. The Corps has been so much a part of my life that I can't imagine not being with them any more. I have no brothers or sisters, my Mom and Dad are gone, and so, the Corps has been my family for 37 years. They were there when I got married, when my kids were born and when my folks died. When the hurricane hit in '83 and I lost a lot of stuff, the Corps family was there with help and support. Now I am thinking of leaving them. I am not like some people; my years with the Corps have been happy ones. I have never had a bad supervisor. All have been good to me. My job was fun and I liked doing it. When I started as a GS-2, I set a goal of someday being a GS-11 Tech like the friend that I met years ago that got me to apply for a job with the Corps. I obtained that goal.

But now I feel that my bullet is spent. I don't think I am as good as I once was and it is time to step down. The Corps is changing and I don't have the will or desire to change with it. As with most, I am worried that I won't have enough money but I guess I am so lucky as compared to others like those at Enron who lost their jobs and their retirement. Plus, I have been lucky to have a great place to work. I started in Galveston at the old train station. We had a nice view of the whole city from the 6th floor. Then we moved to the yacht basin area. What more could a guy who loves boats ask for. Then we moved to the best building of all. What a view in all directions. I think I will miss that most of all. And all the offices had front door parking. When I started with the Omaha District, I had to pay for parking or park free and walk four or five blocks to get to the office. Anyway, I wanted to let you know my intentions so it didn't hit you cold. I was hoping that the buy out would happen because I could use the money but that has no real bearing on my decision. Don's (Allen) decision to retire has had some impact on me but the ones that have convinced me I should go was Sid Tanner, Charlie Strickland, Jerry Pool and Bob Pudluski. None of them ever got to enjoy much of their retirement.

I want to thank you for being such a great supervisor and a nice guy. But you always were one of the best. I hope I didn't ever let you down since we have been working together. You might want to shift the responsibility for the Branch Credit Card and the duties of training coordinator to others in due time. That way there won't be a problem if you need to purchase something or the new training year starts. Please don't spread this around, as I don't want any fanfare, parties, luncheons, or even a shrimp plaque. Heck, I was one of the people that helped design and draft it up. I have always felt that if that's the best plaque they can give a retiree for the many years of serve they put in, forget it. If you are wondering why I would like to keep this quiet, it is because any ceremony or the likes would probably cause me to cry and gutsy guys like me and John Wayne don't cry in public. Thanks for the memories,

Henry Fleming

(Note to Henry: Thanks for sharing your thoughts, Henry, and stay in touch with your Corps family!)

C O R P S H O L I D A Y P A R T Y



Top left to right: Col. Waterworth with wife, Cheryl and Maj. Hanus holding daughter, Allison with wife Denise ; Charlie Stimmel; Corps employees from above; Guy Williams with his wife; "Santa helper" Roseanne Theobald; Cindy Burke and Richard Curphey; Cheryl and Kenny Jaynes; and the Maurers with Fred Anthamatten and Dolan Dunn.

C O R P S H O L I D A Y P A R T Y



Top left to right: Employees enjoying the ragin' cajun music; Jan Stokes; Col. Waterworth and Cheryl show off their two-step; Cheryl Waterworth with Mary Ann Patlan; Gary Stangeland; Henry Fleming and Diana Laird; Janet Thomas-Botello; and Suhail Idriss visits with Helene Kieslich.

C O R P S H O L I D A Y P A R T Y



Top left to right: Retiree Ken and Carolyn Bonham; Lizette Richardson; Fredalyn Colston; Keith Halla; Celia Cockburn; Herbie and Gloria Maurer; Daniel Williams with prize; Bill and Paula Wise visit with Henry Fleming; Roseanne Theobald and Erik Nelson; and Clark Barte.

C O R P S H O L I D A Y P A R T Y



Top left to right: Maj. Hanus's daughter, Anna; Kristy Morten, Vinh Nguyen, Vicky Crisp; Randy Moore; Gloria Appell; members of Regulatory; Corps employees that enjoyed lunch; Marianne Sefcik and Carl Anderson.

Many thanks to the following folks who put so much effort into the great party!

TINA YBARRA and....

**Marianne Sefcik
Kim Crawford
Byron Williams
Dwayne Johnson**

**Johnnie Simmons
Reginald Thomas
Robert Heinly
Lucille Smith**

**Patricia Salinas
Monica Campos
Celia Cockburn
Tencha Deckard**

**Marianne Fullen
Roseanne Theobald
Rick Villagomez
Angela Zahid**

Progress results in new wetlands

By DOUG PIKE

Reprinted with permission by the Houston Chronicle

You can't build one thing without changing another, and good or bad, that change is forever.

Anyone who has lived in this area for more than a few years has seen thousands of acres converted from ranchland and farmland into sprawling subdivisions, nearly as much marsh turned into vacation condos and boat slips. People need homes and roads and supermarkets, and even discount stores and multi-screen theaters. Every aspect of that growth has far-reaching impact, however, and we must be increasingly protective of what remains when we're done pampering ourselves.

I am ancient enough to remember original construction of the Southwest Freeway, which quickened my father's commute back in the 1960s. I remember when the Esperson Building was the city's tallest, when Bissonnet beyond Gessner was a dirt road and when Sugar Land seemed halfway to the moon.

Now I live in Sugar Land, the "faux outdoors." Big-city conveniences are nearby, but so is a flowing creek that's home to genuine wildlife. Just 35 minutes from my driveway, I can be here at the Chronicle's outdoors desk or in a deer stand along the Brazos River.

For so long as the streets are clean and the paint is fresh, suburbia is where city meets country, a midway point between the ballet and the boondocks. Eventually, however, the next development and the one after that gobble up land farther and farther from the courthouse steps until one day, your place on the quiet edge of town is smack in the middle.

In Houston, it used to be that everything "outside the loop" was considered downright rural. Now, it's Beltway 8 that better

marks the invisible boundary between gray burglar bars and white picket fences. Eventually, especially if our freeway system ever is completed, it may be the Grand Parkway that separates the suits from the overalls.

As an outdoorsmen, I've watched some exceptional hunting and fishing properties disappear in the name of progress. Cinco Ranch had some of the biggest whitetails and best waterfowl roosts in southeast Texas. Now, it has convenience stores and a man-made beach. Some of my favorite childhood fishing lakes became golf course water hazards. The Woodlands was once just "the woods."

The downside to progress is that it too seldom runs in reverse. Once a lot is covered with bricks and sticks, reversion to its original state is rare — except in the inner city, where even the best public relations pitchman can't spin a vacant lot of waist-high weeds into a nature park.

One encouraging exception is the deepening and widening of the Houston Ship

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1-14-03

Emerging Leaders are looking for YOU...

It's that time of the year again. The SWD Emerging Leaders Program (ELP) is a 5-year program that allows employees to broaden their professional horizons through mentoring opportunities, shadowing senior leaders, and actively participating in the program. The program offers opportunities for individuals to learn more about leadership qualities through self-evaluation, a combination of formal and correspondence courses, and active participation in fulfilling the US Army Corps of Engineers Vision.

Applications are now being accepted for the the SWD Emerging Leaders Program. The purpose of the ELP is to provide individuals who have exhibited leadership potential the opportunity to further develop and refine their leadership skills. Additionally, ELP participants will have the opportunity to observe the leadership styles of their peers and the Corps Senior Leadership. Applicants must be in grades GS-09 through GS-12, WG-09 and above, or company-grade officer levels. Applicants must also be full-time, career or career conditional employees and have a minimum 3 years full-time service. Each year two persons are se-

lected from each district and one from the Division office. Those selected will be allowed to attend the SWD's Annual Emerging Leaders Conference in March 2003; two of those selected will have a chance to be selected to represent SWD at the Annual Senior Leaders Conference, which is usually held in late summer.

There are three possible methods for nomination to the SWD EL program. They are self nomination (with supervisor approval), nomination from supervisor, or nomination by a Senior Leader at the District or Division level as appropriate.

All applications will be reviewed and applicants interviewed, by a panel known as the Emerging Leader Board (ELB). The makeup of the panel will include the Major, some Office and Division Chiefs and an EL.

For useful information and links to websites on the EL program and similar opportunities, please view the brochure below.

If you have any questions about the program, or the application process, please don't hesitate to ask any of the SWD ELs, Kim Crawford and Andrea Catanzaro, in the Galveston District.



Southwestern Division Leadership Development

Mission

The Southwestern Division Leadership Development Brochure is designed to provide a summary of information regarding leadership training and resources to help employees attain their leadership goals.

The goal of this brochure is to assist the Division in "Preparing Tomorrow's Leaders Today" by promoting the value of leadership development at all levels of the workforce.

The Army's most important resource is its people. The development of competent and

confident leaders to serve the needs of the Army into the 21st Century and beyond is one of the Army's primary missions. The need for top quality civilian leaders is reinforced as the Army reshapes and streamlines its forces and becomes more technologically advanced and culturally diverse.

The Army defines leadership ([FM22-100](#)) <http://www.adtdl.army.mil/cgi-bin/atdl.dll/fm/22-100/toc.htm> as " **influencing** people-by providing **purpose, direction, and motivation**-while **operating** to accomplish the mission and **improving** the organization.

Influencing means getting people to do what you want them to do. It is the means or method to achieve two ends: operating and improving. Remember, the example you set is just as important as the words you speak.

Leadership is about taking action, building
continue on next page...

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character, and competence. So becoming a leader involves developing all aspects of yourself.

This includes adopting and living Army values which form the acronym **LDRSHIP**: **L**oyalty, **D**uty, **R**espect **S**elfless Service, **H**onor, **I**ntegrity, and **P**ersonal Courage.

Only by this self-development will you become a confident and competent leader of character. Being a leader is not easy. There are no cookie-cutter solutions to leadership challenges, and there are no shortcuts to success. However, the tools are available to every leader. It is up to you to master and use them.

Leadership exists at all levels. Why should you be a leader? To be instrumental in making things happen, instead of letting them happen; to become a part of the Learning Organization. Finally, the personal benefits received are superb. A few tools that will help you in developing your leadership abilities are included in this brochure.

Leadership Programs

Leadership development and training is available through various forms focused in Army Wide, Division Wide, and District wide programs.

Army Wide

The main source of Army wide training is through the Army Civilian Training and Development System (ACTEDS). ACTEDS contains the Army Civilian Leadership Training Core Curriculum and is located at: <http://cpol.army.mil/train/catalog/toc.html>

Additional training information can be found at the Civilian Personnel On -Line (CPOL) Training Page located at <http://cpol.army.mil/train/index.html>

Other sites for training information include the following web sites: SWCPAC - Main page <http://www.swf.usace.army.mil/swd-cpac/home.asp>

SWCPAC - Training page

<http://www.swf.usace.army.mil/swd-cpac/train.asp>

Army Training Support Center:

<http://www.atsc.army.mil>

Army Inst. for Professional Development:
www.atsc.army.mil/accp/aipd.htm <http://www.atsc.army.mil/accp/aipd.htm>
SWCPOC training

http://www.cpocma.army.mil/fy03_cpoc_regional_training_sche.htm

The Trail Guide for Future Leaders:
http://cpol.army.mil/train/guide_fl/

Division Wide

The **Emerging Leaders Program** is a Corps wide program, but each Division handles administration of the program individually. The Emerging Leaders Program provides individuals, who have exhibited leadership potential at the GS-09 through GS-12, WG-09 and above, and company-grade officer levels, the opportunity to further develop and refine their leadership skills. Emerging Leader participants have the opportunity to observe the leadership styles of their peers and the Corps Senior Leadership. You may contact the SWD Emerging Leader Coordinator, Ms. Cynthia Kitchens (918-669-7042) or visit the [Emerging Leader Website](http://www.swd.usace.army.mil/emergingleaders/coelr/MainRev1.htm) <http://www.swd.usace.army.mil/emergingleaders/coelr/MainRev1.htm> for additional information: <http://www.swd.usace.army.mil/emergingleaders/coelr/MainRev1.htm>

District Wide

Each District in SWD has a Leadership Development Program. Information on each District can be obtained from the [Emerging Leader Website](http://www.swd.usace.army.mil/emergingleaders/coelr/MainRev1.htm) <http://www.swd.usace.army.mil/emergingleaders/coelr/MainRev1.htm> under the Leadership Develop Programs link: <http://www.swd.usace.army.mil/emergingleaders/coelr/LeadProgReq.htm>

Additional information may be obtained from the following points of contact (Note that the individual points of contact periodically change, but the following are provided as a starting point):

SWD - Nancy Smith 214-767-2444

SWG - Janet Thomas-Botello 409-766-3095

SWF - Joe Lemons 817-886-1426

SWT - Earl Groves 918-865-2621

SWL - Lori Spath 501-324-5668 or

Donald Dunn 501-324-5566

District looking for nominees for MLK Award; to be given on Feb.19th

In recognition of Dr. Martin Luther King's commitment to gain equality for all, the Dr. Martin Luther King Award will be presented to a dedicated employee who demonstrates similar attributes. The award winner will be presented February 19th. The purpose of this award is to give recognition to the employee who actively supports the philosophies, ideals, principles, accomplishments, achievements, and contributions of Dr. Martin Luther King Jr.

Nominations will be accepted thru February 7th, 2003 and should be submitted to the emailed to Byron.D.Williams@swg02.usace.army.mil or Randy.E.Moore@swg02.usace.army.mil . You may deliver the nominations to the physical inboxes of Byron Williams PE-PL, or Randy Moore PM-J.

Martin Luther King was an American clergyman and civil-rights leader, born in Atlanta, Ga., he was a graduate of Morehouse College (B.A., 1948), Crozer Theological Seminary (B.D., 1951), Boston Univ. (Ph.D., 1955). The son of the pastor of the Ebenezer Baptist Church in Atlanta, King became (1954) minister of the Dexter Ave. Baptist Church in Montgomery, Ala. He led the black boycott (1955-56) of segregated city bus lines and in 1956 gained a major victory and prestige as a civil-rights leader when Montgomery buses began to operate on a desegregated basis.

King organized the Southern Christian Leadership Conference (SCLC), which gave him a base to pursue further civil-rights activities, first in the South and later nationwide. His philosophy of nonviolent resistance led to his arrest on numerous occasions in the 1950s and 60s. His campaigns had mixed success, but the protest he led in Birmingham, Ala., in 1963 brought him worldwide attention. He spearheaded the Aug., 1963, March on Washington, which brought together more than 200,000 people. In 1964 he was awarded the Nobel Peace Prize.

King's leadership in the civil-rights movement was challenged in the mid-1960s as others grew more militant. His interests, however, widened from civil rights to include criticism of the



Martin Luther King, Jr., emerged as a leader of the civil rights movement after organizing the famous 1955 bus boycott in Montgomery, Alabama. Throughout his career he improved circumstances for blacks, organizing nonviolent protests and delivering powerful speeches on racial inequalities. In 1963 King led a march between the Washington Monument and the Lincoln Memorial, where he delivered his most famous speech, "I Have a Dream."

Vietnam War and a deeper concern over poverty. His plans for a Poor People's March to Washington were interrupted (1968) for a trip to Memphis, Tenn., in support of striking sanitation workers. On Apr. 4, 1968, he was shot and killed as he stood on the balcony of the Lorraine Motel (since 1991 a civil-rights museum).

James Earl Ray, a career criminal, pleaded guilty to the murder and was convicted, but he soon recanted, claiming he was duped into his plea. Ray's conviction was subsequently upheld, but he eventually received support from members of King's family, who believed King to have been the victim of a conspiracy. Ray died in prison in 1998. In a jury trial in Memphis in 1999 the King family won a wrongful-death judgment against Loyd Jowers, who claimed (1993) that he had arranged the killing for a Mafia figure. Many experts, however, were unconvinced by the verdict, and in 2000, after an 18-month investigation, the Justice Dept. discredited Jowers and concluded that there was no evidence of an assassination plot.

King wrote *Stride toward Freedom* (1958), *Why We Can't Wait* (1964), and *Where Do We Go from Here: Chaos or Community?* (1967). His birthday is a national holiday, celebrated on the third Monday in January.

Submitted by Cynthia Burke

Holiday exercise should be top priority

Wellness Committee makes suggestions where to work out



Now that the Holidays are behind us, I imagine a lot of you are trying to get yourself to exercise more. Last month we talked about the importance of finding the most convenient

time in your schedule to exercise. This month I thought it would be a good idea to present some of the fitness centers the area has to offer. At one time or another in the last 10 years, I have been a member of several gyms in Galveston. As far as these facilities are concerned, and what they have to offer, I can recommend all of them as acceptable options.

For you island dwellers, in my opinion, I've noticed several other facilities downtown and near the Strand, but they seem to be a bit hard-core, with facilities limited to weight lifting only. One gym sports several photographs on their door of bulging, gleaming, scantily clad muscle men and women. A bit-intimidating, if you ask me. In fact, that's an important point to bring up. If you don't feel comfortable in one of these places, if there are too many young, spandexed, hard bodies everywhere, if you are anything like me (a normal person), you won't go to the gym regularly. If you check one of these places out, and you peer into the aerobics room, and see a room full of 20-somethings bouncing and flailing about in perfect time with their leader, just leave. That was my experience when I

at a gym on Seawall. I looked around, saw all this perfection, and I just walked right back out the door.

I need a place filled with normal working people who get 30 min - 1 hour a day to exercise. People who have homes to keep, meals to cook, groceries to buy, and jobs that take up most of their waking moments. I feel most comfortable with people like me, and in fact, I feel encouraged to keep going to the gym when I see that people like me are actually doing it regularly. When I go often enough, even twice a week, I see some of the same people there every time. I figure if they can do it, so can I. At a facility in Clear Lake, there is a group of women who appear to be in there 60's, 70's, and even 80's. Every morning I've gone to the pool, there they are! EVERYDAY! One of them uses a walker to help her get around. She moves slowly, and it takes her a long time to actually get herself ready to get into the pool, but each morning there she is. And she laughs and carries on with the other ladies. I figure if this lady can get herself to exercise regularly, so can I.

OK, so here are the stats for the places I've mentioned. There are many different membership options available, so call or visit for pricing. On average, I'd say I usually spend \$100 to \$150 to join, then \$35 to \$45 per month for an individual membership. You need to select which membership you want to get an idea of how much it will cost.

Cell Phones And Safety On The Road

Just about everyone is aware that cellular phones are both a fantastic convenience and also a tremendous distraction. It is reported that people using cell phones are four times more likely to get into an auto accident than those who do not use them. This is the same statistic for drunk drivers!

It is important to stop the vehicle when one needs to use a cell phone — though most of us break this rule occasionally, if not all the time. Not driving while talking is the best way to ensure your safety and that of your passengers and the drivers around you. Also postponing emotion-packed conversations until you are not driving is wise. An argument with a spouse is, after all, an emotional discussion that can be very distracting — putting the driver, the passengers, fellow motorists and pedestrians at risk.

Among the future developments we'll see in this technology are new cars with built-in hands free cell phones. While this will keep the driver from looking away from the road, this will not reduce the distraction of the conversation.

Nearly 100,000 emergency calls are made every day on mobile phones. In the event of a car break-down, or when a wireless user needs to report an accident, road hazard or crime in progress, help is just a phone call away. So cell phones clearly have value above and beyond being able to stay in touch with the family, your boss or clients while on the road.

To stress the importance of wireless safety, the department of transportation has created a list of usage tips:

1. Get to know your phone and its features, such as speed dial and redial. Program frequently-dialed numbers for quicker access.
2. When available, use a hands-free device. If you don't have one, try to buy one.
3. Position your phone within easy reach.
4. Dial sensibly and assess the traffic; if possible, place calls when you are not moving or before pulling into traffic. If you can't do that let the

person you are speaking to know you are driving; if necessary, suspend the call in heavy traffic, when changing lanes, shifting gears, maneuvering in difficult intersections or hazardous weather conditions.

5. Do not engage in stressful or emotional conversations that may divert your attention from the road.

6. Dial 9-1-1 or another emergency number to report serious emergencies - it's free from your wireless phone!

7. Use your phone to help others in emergencies.

By following these recommendations they should help reduce the number of cell phone use related accidents and make driving less stressful, too.



Southwest Airlines creates new security requirements

Beginning January 7, 2003, each Southwest Customer will be required to have his/her government-issued photo ID and either a Boarding Pass or Security Document to get through the security checkpoint. Your travel itinerary will no longer be sufficient, although we do recommend that you bring it along each time you travel.

Any eligible Customer can request and print out a Security Document at www.southwest.com as early as 6:00 a.m. (local departure time) the day before his/her scheduled departure. This allows you to proceed through the security checkpoint to the concourse where you may obtain a Boarding Pass at either the Departure Gate or at a concourse RAPID CHECK-IN location (where available).

As always, Boarding Passes will continue to be distributed at the Skycap Podium, Ticket Counter, and RAPID CHECK-IN kiosks in addition to the Departure Gate.

To learn more about the Security Document, please visit www.southwest.com.

January Birthdays

Gary Strangeland	Jan 1
Suhail Idriss	Jan 1
Mark Pattillo	Jan 3
David Torrez	Jan 4
Richard Washburn	Jan 4
Jerry Fritzsching	Jan 6
Fred Anthamatten	Jan 7
Arthur Martin	Jan 8
Rhonda Brown	Jan 9
Danny Cruz	Jan 10
Max Malo	Jan 11
Valerie Miller	Jan 13
Luther Merriman	Jan 13
Jennifer Meyers	Jan 14
Judie Lester	Jan 14
Guy Williams	Jan 16
Roseanne Theobald	Jan 17
Michelle Clark	Jan 17
Richard Long	Jan 18
Jeffrey Hill	Jan 18
Michael Holder	Jan 18
Michael Prevost	Jan 19
Tina Ybarra	Jan 21
Gloria Brunt	Jan 23
James McCormick	Jan 26
Helene Kieslich	Jan 26
Sharon Tirpak	Jan 27
Cleo Dow	Jan 27
Jacqueline Lockhart	Jan 27
Edmund Ching	Jan 27
Willian Krampe	Jan 28
James Worthington	Jan 28
Bruce Bennett	Jan 28
Kristin McMillan	Jan 28
Betty Voelkel	Jan 31
Kathy Moore	Jan 31

Welcome to Corps, Terry!

Terry Bautista is the new Chief of Engineering Division. He worked for the Corps' Transatlantic Program Center with a duty station in Cairo, Egypt. He was the senior Corps of Engineer representative in Egypt and served as the Program Manager and Area Engineer for all Egyptian programs/projects — a workload of nearly \$400 million. Terry gained considerable civil works experience while working for the Los Angeles District as the Resident Engineer for the construction of the Seven Oaks Dam. Terry has also worked for the Baltimore District and the Europe Division. He received his BS degree in Civil Engineering from the University of California at Berkeley, and he is a Registered Professional Engineer. Terry's first day on the job will be January 27, 2003.

Our Condolences...

~ Mrs. Jane Greenough, wife of Bill Greenough, passed away on January 19, 2003. Mr. Greenough is a retired employee of the Galveston District. Memorial Service will be held Saturday, January 25, 2003 at 4 PM at Galveston Seventh Day Adventist Church. In lieu of sending flowers, the family has asked that any donations be made to the Galveston Seventh Day Adventist Church, Art Martin in General engineering Section will be taking money for the donation.

~ Eric Russek's mother, Hope Russek passed away over the holiday weekend. Please keep Eric and his family in your prayers and thoughts during this difficult time in their lives.

~ The mother of Genevieve Trdla, a Lock Operator at the Colorado River Locks passed away December 15, 2002. Services and the rosary for Carmela Trdla were held at the Rick Brown Family Funeral Home in Mission, Texas.

~ Lou Huyge's mother, Marge Russ, passed away in late December. Our thoughts and prayers are with Lou and her family.



WANTED : Environmental Stories for *Corps Environment*

Do you have a story to share?? Why not write an article for the *The Corps Environment*. Deadline for submission of articles for the next issue of *The Corps Environment* is 15 Feb. Guidelines for submission are simple:

1) Less than 1,000 words per article in a Word .doc file (recommendations are no more than 700-750 words for articles that have a photo/graphic to accompany it, and no more than 1,000 for article without a graphic—all articles are limited to one page).

2) Include graphics/photos when possible. If graphics are attached to e-mail, please use a .tif or .pdf file format. Please send as many photos that you have, with captions and photo credits (if possible).

3) Each submission should include a POC and phone/e-mail so that the reader can get greater details if he/she chooses.

4) Send the submission to

Jean.M.Pavlov@HND01.usace.army.mil

E-mail distribution of the *Corps Environment* is made to all Corps employees (the web address is <http://hq.environmental.usace.army.mil/newsinfo/current/current.html>) and hard copy distribution includes everyone from interested public, to contractors, all Army installations, regulators, media and all members of Congress.



Congratulations

Congrats! *Sharon Tirpak* has been selected for the permanent lateral reassignment to the Planning Section. Sharon is an exceptional employee, and Planning is very glad to have her join them!

Congratulations to *Clark Barte*! Our former librarian is now working in our Office of Counsel.

Congratulations to the *Bessie Heights PDT*. The project has been approved by SWD and HQ, and we have received the Federal funding for this Beneficial Use of Dredged Material project. Paula Wise would like to thank each and every study team member who has participated at some level in making this project happen. The Bessie Heights team is a great example of how PMBP should work.

PM changes

As of January 6 2003, Lizette Richardson was assigned Project Manager for the Sims Bayou Project and Mike Bragg was assigned Project Manager of the Clear Creek Project. These changes were required due to the retirement of Don Allen.

Union to hold Membership Drive

AFGE LOCAL 0033 will hold a membership drive 27-31 January 2003. Employees who sign up will receive a \$20.00 rebate. A representative from AFGE Headquarters as well as Benefit representatives will be in the Jadwin Building to answer questions. The Local will furnish lunch and/or breakfast for the new recruits on different days of the week. For more info contact one of the following officers:

Leigh Ann Kahla-Adams
Ext 3175
Kathy Moore - Ext 3898
Sandy Morrison - Ext 3977

Bon Appetite! Meet Chef Jack Myers

Notice the gradual change in our cafeteria food recently? If you said yes, than thank Chef Jack Myers.

With 15 years of experience, ranging from Moody Gardens to Texas A&M Galveston, Myers brings to the Corps, home-style cooking, fresh pastries, low-calorie dishes, and a variety of themed meals.

Myers's door is always open, so feel free to drop in and make



Chef Jack Myers smiles for the camera with two of his co-workers.

any suggestions for the lunch menu.

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Channel, which casts positive light on what can be done in the name of progress by careful stewards of the environment.

To remain on shipping's cutting edge, the nation's highest-ranking port in foreign waterborne commerce — nearly 7,000 ships carrying 194 million tons of cargo stopped here in 2001 — needed an overhaul.

Original plans that date back a couple of decades called for haphazard, open-bay disposal of millions of cubic yards of silt and sand and clay, and whatever else sank from so many ships over so many years. Environmentalists screamed.

Brighter minds came up with a 50-year plan by which that spoil material will be used to create more than 4,200 acres of new wetlands in Galveston Bay. Imagine that.

This grand scheme comes from a group of state and federal agencies plus the Port of Houston Authority collectively known as the Beneficial Users Group. The U.S. Army Corps of

Engineers also is involved, as it always seems to be in earth-moving projects of this magnitude.

Nearly 10 years ago, BUG members spent 20-plus months creating a 220-acre demonstration marsh around Atkinson Island. That model worked so well that even the most conservative conservationists eased their opposition.

Since the actual channel expansion project began three years ago, still more marshy wetlands and bay islands have been created. That new land has attracted thousands of birds, and the water around those areas has been generous to sportfishermen. Redfish Reef is becoming Redfish Island again, and the project will create 118 acres of underwater habitat.

The channel expansion project, worth about a half-billion dollars overall, is money well-spent and an excellent example of how progress is defined by people who care.

Upcoming Events

January 21-24
District Engineer
Commander's Conference

January 31
Guy Williams Retirement

February 6 and 18
Pre-Retirement Planning
Executive Conference
8:00 am - 3:30 pm

February 6
New Employee Orientation

February 12
PRB

February 16-22
National Engineer Week

February 17
President's Day
HOLIDAY

February 21
Guam Celebration

February 25-26
INS Conference

